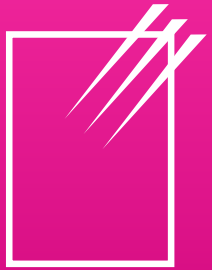


# Professional Investment Services

## Speaker Profile - Rebekah Keat



### Category:

Professional triathlete

### Speaking topics:

- My personal success story
- Passion and drive
- Overcoming adversity
- Motivation
- Self belief
- Question and answer forum

### Additional information:

- Comfortable presenting to audiences of any size
- Preferred presentation length – up to one hour
- Audiovisual support – Laptop, data projector and sound required (can be supplied by the speaker if needed)

### Notice:

A minimum of four weeks notice is preferred (dependent on availability)



### Biography:

Ironwoman Rebekah Keat, ranked in the top 6 in the world after her 6th place during the gruelling Hawaii Ironman World Championships in 2007, is looking forward to even more successful years ahead with her new coach and team.

After coaching herself for several years, Rebekah now has a world renowned coach and has joined a professional triathlon team called Team Bike Boutique, the only one of its kind in Triathlon.

Team TBB is recognised around the world, with around 15 professional athletes who train together.

Rebekah hopes that being a member of the team will inspire to even greater glory.

A keen all-round sportsperson during her school years, Rebekah loved the idea of combining the swim, bike and run and has been hooked on triathlon ever since her first race in 1996.

As a junior, Rebekah won three World Championship medals in three years. Her victories included gold in triathlon in 1996, gold in the duathlon in 1997 and silver in the 1998 triathlon.

In 2001, Rebekah competed in her first half ironman race, and shortly after in 2004, Rebekah took up the gruelling ironman event which comprises a 3.8km swim, a 180km bike ride and a 42km run.

Rebekah realised the further she raced, the better she performed.

Rebekah's career titles include Australian Ironman Champion, Australian Long Course Champion, World Rookie Ironman record and 18 half ironman wins from 22 starts.